

The Long Valley Raiders Cheerleading Association follows the Athletic Code of Conduct devised by the Rutgers University Council on Youth Sports.

The LVCA requires the athlete, parent and coach to sign and agree to follow the code of conduct. No athlete will be permitted to participate in any aspect of our season unless the code of conduct is signed.

Preamble:

Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control.

I, therefore, agree to be responsible for my words and actions while attending or participating in a Long Valley Cheerleading Association (LVCA) event (event constitutes a practice, game, clinic and any activity sponsored by the LVCA, and/or Long Valley Raiders Football Association) and shall conform my behavior to the following code of conduct:

1. I/we will not engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
2. I/we will not encourage my child, or any other person, to engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
3. I/we will not engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
4. I/we will not encourage my child, or any other person, to engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
5. I/we will not use drugs or alcohol while at a youth sports event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
6. I/we will not permit my child, or encourage any other person, to use drugs or alcohol at a youth sports event and will not permit my child, or encourage any other person, to attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
7. I/we will not engage in the use of profanity.
8. I/we will not encourage my child, or any other person, to engage in the use of profanity.
9. I/we will treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
10. I/we will not engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
11. I/we will not initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
12. I/we will not encourage my child, or any other person, to initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
13. I/we will recognize that the coach's decision regarding placement of an athlete in a position (flyer, base, etc.) is based on skill evaluation and I will not argue with a coach regarding said placement.
14. I/we will recognize that all positions are important on the team and will encourage a sportsmanlike atmosphere among all participants.
15. I/we will initially contact the coach regarding any issues with the team to promote discussion.
16. Following contacting a coach regarding an issue, I/we will immediately contact the Board.
17. I/we recognize that the purpose of the Code of Conduct is to promote responsible actions on part of all involved in children's sports. Open and honest communication with the coaches is encouraged.
18. I/we will not confront, either via email, phone calls or in person, any coach regarding said issues. I/we will immediately contact the LVCA board regarding any dissatisfaction.
19. I/we will recognize that the coaches are volunteers donating time to encourage children in the participation of the sport of cheerleading.
20. I/we will at all times encourage a sportsmanlike atmosphere.
21. I/we agree to follow the attendance policy set forth under the Rules and Regulations of the LVCA.

- 22. I/we will not speak disparagingly regarding any child on the team. I will encourage my child to be kind to all members of the team.
- 23. I/we recognize that my behavior as a parent or guardian may result in the suspension or removal of my child from the squad.
- 24. **I/we hereby agree that if I fail to conform my conduct to the foregoing while attending or participating in a LVCA or Long Valley Raiders Football event I will be subject to disciplinary action, including but not limited to the following in any order or combination:**

- 1. Verbal warning issued by the LVCA Board.
 - 2. Written warning issued by the LVCA Board.
 - 3. Suspension or immediate ejection from a LVCA event by a LVCA coach or Board member who is authorized to issue such suspension or ejection by the LVCA organization. Said disruptive behavior would constitute immediate action at an event.
 - 4. Suspension from the cheerleading squad authorized by LVCA/ Board.
 - 5. Permanent removal from the squad for the season and/or future seasons as deemed appropriate by the LVCA.
 - 6. Removal or suspension of an athlete from the squad due to the behavior of the parents/guardian.
- ❖ The LVCA reserves the right to not accept an athlete to the organization due to documented violations of the Code of Conduct, which occurred during a previous season.

As a member of the LVCA organization, commitment to respect, communication and the Rules and Regulations herein is an expectation.

DISRESPECT:

Disrespect is defined as, but is not limited to: rudeness to a coach, parent or other cheerleader, poor sportsmanship, cursing, refusal to participate, incomplete uniform or destruction of school or any property.

SOCIAL MEDIA:

I/we agree to not use social media forums to negatively express feelings or views regarding LVCA parents, cheerleaders, football players and/or coaches.

Cheerleaders will receive a verbal and/or written warning at the first incident of the aforementioned subjects with a benching of a practice or game, or partial thereof, based on the degree of the offense which will be determined by the coaches of that level. If a second incident occurs, appropriate action will be determined by the Board and may include a benching from practice/games for a one week period or more, or in extreme situations the cheerleader may be removed from the squad for the remainder of the Season. If this removal occurs, participation at tryouts for the following year will be at the discretion of the Board.

Football Cheerleaders must come to all games, the Pep Rally, WMC Raiders Night and any “cheer event” they may participate in required full uniform. Required full uniform consists of the following: Turtleneck shirt, vest, skirt, socks, bloomers, regulation sneakers, and hair bow. If a cheerleader comes to any applicable event not in adherence to above, she may receive a verbal warning and/or a benching or partial benching.

Parent’s / Guardian’s Name:	Signature:	Date:
Cheerleader’s Name:	Signature:	Date:
Coach’s Name:	Signature:	Date: